

Swansfield Park Primary School Early Years



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	<p>Pizza Day! Margherita or Pepperoni</p> <p>Served with Potato Wedges, Coleslaw & Sweetcorn</p>	<p>Pasta Bolognese with Crusty Bread & Salad or Vegetables</p>	<p>Roast Chicken & Yorkshire Pudding</p> <p>Served with Roast Potatoes, Fresh Vegetables & Gravy.</p>	<p>"King of the Castle" Geordie Bangers (Created by Tom Rose)</p> <p>Served with Mash, Peas & Gravy</p>	<p>Fish Fingers</p> <p>Served with Chips & Garden Peas</p>
VEGETARIAN OPTION	<p>Tomato & Basil Pasta with Salad & Garlic Bread</p>	<p>Cheddar & Tomato Quiche Served with Side Salad & Baked Crisps.</p>	<p>Broccoli Bake</p> <p>Served with Roast Potatoes, Fresh Vegetables, Gravy & Yorkshire Puffing.</p>	<p>Veggie Bangers</p> <p>Served with Mash, Peas & Gravy</p>	<p>Quorn Nuggets</p> <p>Served with Chips & Garden Peas</p>
EXTRA CHOICE	<p>Filled Jacket Potatoes Tuna Mayo or Cheese</p> <p>Served with Salad & Coleslaw</p>	<p>Panini</p> <p>Tuna or Cheese Salad & Tortillas</p>	<p>Indoor Picnic</p> <p>Sandwich Selection with Mini Sausage Rolls, Baked Crisps & Fruit</p>	<p>Filled Jacket Potatoes Tuna Mayo or Cheese</p> <p>Served with Salad & Coleslaw</p>	<p>Panini</p> <p>Tuna or Cheese Salad & Tortillas</p>
DESSERT	<p>Fresh Fruit Selection</p>	<p>Semolina with Fruit Topping</p>	<p>Cheese & Crackers</p>	<p>Sugar Free Yoghurt or Jelly</p>	<p>Naturally Sweet Honey and Oat Biscuit</p>

All our meals are freshly made onsite by our amazing kitchen team.

We use local ingredients: meat from Greens, Longframlington, free-range eggs from R & D Hens, Chatton Park, Sausages from the Geordie Bangers and milk from Embleton Hall Dairy, County Durham.

See our Allergen Sheet for details.

Swansfield Park Primary School Early Years



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken Tikka Masala Served with Steamed Rice Naan Bread & Vegetables	Loaded Yorkshire Pudding with Savoury Mince Beef Served with Mash Potato & Vegetables	Carved Ham Served with Roast Potatoes & Vegetables Cheese Sauce & Pineapple Optional	Pasta Bar Tomato & Basil or Mac N Cheese with a Choice of Toppings Original Crispy Bacon Crispy Onions	Sausage Roll Served with Chips & Garden Peas
VEGETARIAN OPTION	Chickpea & Sweet Potato Curry Served with Steamed Rice Naan Bread & Vegetables	Loaded Yorkshire Pudding with Savoury Vegan Mince Served with Mash Potato & Vegetables	Tomato & Cheese Omelette Served with Roast Potatoes & Salad	All Served with Garlic Bread & Broccoli	Vegan Sausage Roll Served with Chips & Garden Peas
EXTRA CHOICE	Filled Jacket Potatoes Tuna Mayo or Cheese Served with Salad & Coleslaw	Panini Tuna or Cheese Salad & Tortillas	Indoor Picnic Sandwich Selection with, Mini Sausage Rolls, Baked Crisps & Fruit	Filled Jacket Potatoes Tuna Mayo or Cheese Served with Salad & Coleslaw	Panini Tuna or Cheese Salad & Tortillas
DESSERT	Fresh Fruit Selection	Semolina with Fruit Topping	Cheese & Crackers	Sugar Free Yoghurt or Jelly	Naturally Sweet Honey and Oat Biscuit

All our meals are freshly made onsite by our amazing kitchen team.

We use local ingredients: meat from Greens, Longframlington, free-range eggs from R & D Hens, Chatton Park, Sausages from the Geordie Bangers and milk from Embleton Hall Dairy, County Durham.

See our Allergen Sheet for details.

Swansfield Park Primary School Early Years



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Breakfast Sandwich Bar Bacon Sausage or Veggie Sausage	Homemade Lasagne with Salad & Crusty Bread	Roast Chicken & Yorkshire Pudding Served with Roast Potatoes, Fresh Vegetables & Gravy.	Chicken Fillet Fajita Served with Tortilla, Rice, Salad & Dips	Breaded Fish Portion Served with Chips & Garden Peas
VEGETARIAN OPTION	Served with Tater Tots & Baked Beans	Veggie Bolognese with Salad & Crusty Bread	Roast Quorn Fillet & Yorkshire Pudding Served with Roast Potatoes, Fresh Vegetables,	Tomato & Mascapone Pasta with Salad & Crusty Bread	Cheese Quiche Served with Chips & Garden Peas
EXTRA CHOICE	Filled Jacket Potatoes Tuna Mayo or Cheese Served with Salad & Coleslaw	Panini Tuna or Cheese Salad & Tortillas	Indoor Picnic Sandwich Selection with Mini Sausage Rolls, Baked Crisps & Fruit	Filled Jacket Potatoes Tuna Mayo or Cheese Served with Salad & Coleslaw	Panini Tuna or Cheese Salad & Tortillas
DESSERT	Fresh Fruit Selection	Semolina with Fruit Topping	Cheese & Crackers	Sugar Free Yoghurt or Jelly	Naturally Sweet Honey and Oat Biscuit

All our meals are freshly made onsite by our amazing kitchen team.

We use local ingredients: meat from Greens, Longframlington, free-range eggs from R & D Hens, Chatton Park, Sausages from the Geordie Bangers and milk from Embleton Hall Dairy, County Durham.

See our Allergen Sheet for details.